



First Interval: John Eating the Book
Revelation 10: 1-11

SCRIPTURE

Chapter 10

¹ And I saw another mighty angel come down from heaven, clothed with a cloud: and a rainbow was upon his head, and his face was as it were the sun, and his feet as pillars of fire:

² and he had in his hand a little book open: and he set his right foot upon the sea, and his left foot on the earth, ³ and cried with a loud voice, as when a lion roareth: and when he had cried, seven thunders uttered their voices. ⁴ And when the seven thunders had uttered their voices, I was about to write: and I heard a voice from heaven saying unto me, “Seal up those things which the seven thunders uttered, and write them not.”

⁵ And the angel which I saw stand upon the sea and upon the earth lifted up his

hand to heaven,⁶ and sware by Him that liveth for ever and ever, who created heaven, and the things that therein are, and the earth, and the things that therein are, and the sea, and the things which are therein, that there should be time no longer:⁷ But in the days of the voice of the seventh angel, when he shall begin to sound, the mystery of God should be finished, as He hath declared to His servants the prophets.

⁸ And the voice which I heard from heaven spake unto me again, and said, “Go and take the little book which is open in the hand of the angel which standeth upon the sea and upon the earth.”

⁹ And I went unto the angel, and said unto him, “Give me the little book.”

And he said unto me, “Take it, and eat it up; and it shall make thy belly bitter, but it shall be in thy mouth sweet as honey.”

¹⁰ And I took the little book out of the angel’s hand, and ate it up; and it was in my mouth sweet as honey: and as soon as I had eaten it, my belly was bitter. ¹¹ And he said unto me, “Thou must prophesy again before many peoples, and nations, and tongues, and kings.”

COMMENTARY

We now find ourselves in the middle of God’s time frame of Daniel’s 70th week ([Daniel 9:24-27](#)), which is the seven year Tribulation period. Note the mention of the time. In [Revelation 11:3](#), one thousand two hundred sixty days is three and one half years. [Revelation 12:6](#) gives the same time. [Revelation 12:14](#) declares, a time, times and one half a time, again three and a half years. [Revelation 13:5](#) gives us 42 months, again three and a half years.

The description of the mighty angel in Verses 1 to 3 leads us to believe that this is the Lord Jesus Christ. No other angel has ever been described like this. His voice in Verse 3 is the voice of the “Lion of the Tribe of Judah.”

In a solemn declaration, the Lord stands with one foot on the sea and another on the earth, and a voice from heaven tells John to take the scroll from His hand and eat it.

After John consumes the little scroll, he is directed to prophesy or proclaim before the world. What is the little scroll or little book? It is the Word of God! We are told in [Psalm 119:103](#) that it is honey, in [Matthew 4:4](#) that it is bread, and in [Hebrews 5:12](#) it is milk and meat.

John is told that the work is not completed. We need to partake of the Word of God, digest it and share it with a world that is dying of spiritual starvation!